

Instructions and Items

During the past year, how often did you attend church, synagogue, or other religious activities?

- (1) Never
- (2) Several times a year
- (3) Once or twice per month
- (4) Once a week
- (5) Several times per week

How important has religion been in your life?

- (1) Not at all important
- (2) Not too important
- (3) Somewhat important
- (4) Pretty important
- (5) Very important

I experience God's love and caring on a regular basis.

- (1) Not at all true
- (2) Not very true
- (3) Somewhat true
- (4) Pretty true
- (5) Completely true

I experience a close personal relationship to God.

- (1) Not at all true
- (2) Not very true
- (3) Somewhat true
- (4) Pretty true
- (5) Completely true

Religion helps me to deal with my problems.

- (1) Not at all true
- (2) Not very true
- (3) Somewhat true
- (4) Pretty true
- (5) Completely true

reference

Maton, K.I. (1989). The stress-buffering role of spiritual support: Cross-sectional and prospective investigations. *Journal for the Scientific Study of Religion*, 28(3), 310-323

Maton, K.I., Teti, D., Corns, K., Vieira-Baker, K., Lavine, J., Gouze, K.R., and Keating, D. (1996). Cultural specificity of social support sources, correlates and contexts: Three studies of African-American and Caucasian youth. *American Journal of Community Psychology*, 24, 551-587.